

Sunbridge of Milford

Name: L.P.
Date of Admission: 2-8-05
Date of Discharge: 2-16-05
Discharge Destination: Sunbridge of Milford
Diagnosis: Weakness, OA

Past Medical History:

This patient is an 84 y/o male long term care resident at Sunbridge of Milford that was referred to skilled Physical Therapy services to assess patient for Independent ambulation and functional transfers within the facility. This patient was utilizing a wheelchair as his primary mode of transport. The nursing staff would like the patient to give up his wheelchair and be an Independent ambulator within the building. Upon evaluation by Physical Therapy, the patient was requiring contact guard assistance for ambulation, contact guard/supervision for functional transfers, and was demonstrating an occasional unsteadiness on his feet. The patient was placed on the Keiser exercise equipment program. The patient utilized the Lat pull down, upper back, Leg press, leg extension, and seated leg press machines. The patient's treatment regiment consisted of 3 sets of 15 repetitions on each of the machines. The patient utilized the equipment over the duration of his Physical Therapy services. At the time of discharge, the patient was demonstrating Independent ambulation and functional transfers. The patient no longer was demonstrating any unsteadiness on his feet and was able to turn in his wheelchair at the conclusion of his services.

Rehabilitation Outcomes

