

Sunbridge of Milford

Name: J.F.
Date of Admission: 2-17-05
Date of Discharge: 3-2-05
Discharge Destination: Sunbridge of Milford
Diagnosis: Down's Syndrome, GI bleed

Past Medical History:

The patient is a 52 year old male admitted to Sunbridge of Milford on February 17 2005 with Down's Syndrome, diabetes mellitus, and a gastrointestinal bleed. Prior to admission, the patient was living at home with sister at an Independent level. The patient was referred for a skilled Occupational and Physical Therapy evaluation by Dr. Farooq.

Upon the OT and PT evaluation, the patient was demonstrating decreased upper and lower body strength, decreased standing balance, decreased ambulation requiring contact guard assistance due to loss of balance, and decreased upper and lower body self care skills. This patient was placed on the Keiser exercise equipment program. The patient utilized the following machines: Lat pull down, Upper back, leg extension, Seated leg curl, and leg press. The patient's regimen for the Keiser program consisted of 3 sets of 15-20 repetitions of each exercise 5x/wk for 2 weeks. At the time of discharge from OT and PT, the patient was ambulating throughout the facility at a distant supervision level of assistance, demonstrating Independent functional transfers, Independent upper and lower body self care skills, and increase overall upper and lower strength and activity tolerance. Due to patient's cognitive status, the patient's family felt that Sunbridge of Milford would be the safest living environment for him.

Rehabilitation Outcomes

